## NYSSCSW Met Chapter

## The Trauma Studies Committee DIALOGUE SERIES

**Presents** 

## AMBIGUOUS LOSS AND UNRESOLVED GRIEF: FINDING RESOLUTION

Friday, January 20, 2017 6:15 – 7:45 PM

LOCATION: National Psychological Association for Psychoanalysis, 40 West 13th Street, Buzzer #216 (Btwn 5th and 6th Ave)

NYC, NY

Please RSVP - contact Gwenn Nusbaum - Chair, Trauma Studies Committee, NYSSCSW at <a href="mailto:gwennusbaum@verizon.net">gwennusbaum@verizon.net</a>

Throughout the life cycle, we traverse and transform losses ubiquitous to our lives as humans. Under certain circumstances, the grief process may become prolonged. Through actual physical separation (including 9/11, Hurricane Sandy) or through estranged relationships, illness and mental/personality disorders, a person may go missing and yet still be ever present to his or her loved ones, thus leaving them in a constant state of uncertainty and inability to grieve. This presentation will address those factors which contribute to more complex reactions to losses including those deemed "ambiguous" (Pauline Boss, Loss, Trauma, and Resilience: Therapeutic Work with Ambiguous Loss, W.W. Norton).

These elements will be illustrated through clinical and poetry vignettes.

Ample time will be left for a dialogue among participants.

Gwenn A. Nusbaum, LCSW, BCD, CGP has been in practice for over 30 years and specializes in the treatment of relational traumas, eating disorders and other addictive/compulsive behaviors. She has written numerous articles

on these topics as well as presented locally and internationally on various themes related to healing from trauma, including the subject of forgiveness. She has been published and quoted in these areas as well. A published poet and member of the National Association of Poetry Therapists, Gwenn has received honorary mention and a Gradiva nomination for her poems. She chairs the Trauma Studies Committee of NYSSCSW and is also senior faculty of the Postgraduate Society and Institute Group Therapy Training Program. She maintains a private individual, couple and supervisory practice in the East Village and well as offers a psychodynamic group for women with histories of childhood incest and related traumas now in its 27th year.